



## *President's Message*

### **What is Success?**

"Many people like to think that they'll find balance after they find success. But in reality, achieving balance is success." - Brian Koslow

Success is not a miracle. Nor is it a matter of luck. Everything happens for a reason, good or bad, positive or negative. When you are absolutely clear about what you want, you only need to copy others who have achieved it before you, and you will eventually get the same results that they have. This is referred to as "the Law of Sowing and Reaping," which says that, "Whatsoever a man sows, that also shall he reap."

Sir Isaac Newton called it the third principle of motion. He said, "For every action, there is an equal and opposite reaction."

For you and me, it might be stated as this universal law, "Thoughts are causes and conditions are effects."

Put another way, "Thought is creative." Your thoughts are the primary creative forces in your life. You create your entire world by the way you think. All the people and situations of your life have only the meaning you give them by the way you think about them. And when you change your thinking, you change your life! A wise man once said: As a man thinks so is he." Napoleon Hill wrote a whole book on "Think and grow rich." What is the message? Your thoughts are powerful, so "think about what you think about." John Maxwell wrote a book on this very subject called: "Thinking for a change."

The most important principle of personal or business success is simply this: You become what you think about most of the time.

It is not what happens to you but how you think about what happens to you, which determines how you feel and react. It is not the world outside of you that dictates your circumstances or conditions. It is the world inside you that creates the conditions of your life. Brian Tracy has written much on the subject of thinking vs. doing to gain success. It is through his inspiration and motivation, I share with you these thoughts. Many of us, and many we serve, are all looking to feel and achieve so called "success." I challenge you to step back reflect and realize the "successes" you have already achieved and begin to feel positive about the impact and differences each of us have made on the lives around us. Control your thoughts and you can control your moods, emotions, stress levels, and amazingly the direction your day and life may go.

In closing I want to say thank you to my good friend Dr. James Wendling, who shares these style of messages with us each month, he would say in closing: "Make this a Positive Day...unless you've made other plans!"

-Shane Westhoelter

## **"Using Special Needs Trusts as a Private Social Service System"**

**Steve Dale** is the principal of the Dale Law Firm in Pacheco, CA, a full service estate planning office with a specialized focus on developing estate plans involving persons with disabilities.

He is a recognized expert on a national level in the field of disability law and special needs trusts in particular. He frequently presents to lawyers, social workers, insurance professionals, and other groups throughout the state and the country, and has been recognized with national awards for his expertise and advocacy. He is also the trustee for the Golden State Pooled Trust and maintains a content rich website at [www.AchievingIndependence.com](http://www.AchievingIndependence.com). In addition to his law degree, Steve also holds an LLM in taxation and believes that the best estate plan can be established with a "team" approach, working with the clients' advisors including their CPA, insurance professional and/or financial planner.

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**Thursday, February 2, 2011**

**Marriott Pleasanton**

For Directions click [HERE](#)

**6:00 PM Wine and Registration**

**6:30 PM Dinner and Speaker**

**\$40 Pre-Registration**

**\$45 - Call in after 1:30 PM on Jan 31st**

**Send a check to the TVEPC office today**

**TVEPC – 781 McKean Place –**

**Concord, CA 94518**

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***This meeting is sponsored by:***

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***American Heart Association***

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